

Early Intervention Workshops By Natalie Kaiser (Occupational Therapist)

Speaker Biography:

Natalie Kaiser, is an Occupational Therapist and founder of Play Learn Bloom Developmental Therapies. She has a passion for working with children and parents to help their child reach their full potential through play.

Natalie has many years experience working as a paediatric occupational therapist in community health. She is also a mother to an active five year old boy and a spirited three year old girl. She has worked with children of a variety of ages and developmental difficulties. Natalie has a passion for working together with children and parents and to see them being able to practically follow out strategies at home and school to help the child reach their full potential.

Natalie speaks regularly at mother's groups and kindergartens encouraging parents to develop their children's development in practical ways.

6 Ways to GO and Develop Your Child's Fine Motor Skills (3/4 – 1 hour)

{This talk is aimed at parents of 3-5 year olds and can be adapted to incorporate your specific needs}

Fine Motor Skills are a key ingredient for your child's independence, participation in kindergarten activities, school readiness and long term school success. This talk looks at 6 ways that parents can GO and give opportunities to help specifically develop their child's fine motor skills. Specific techniques are discussed as well as many practical strategies on ways to incorporate fine motor development into your everyday routines.

Promoting your child's independence (3/4hr)

{This talk is aimed at parents of 2-5 year olds and can be adapted to incorporate your specific needs}

Promoting your child's independence is a first step to developing the responsible adult we want our child to become. This talk looks at why and when we should encourage our child's independence in everyday activities and involvement in household chores. We also look at specific techniques and practical strategies to encourage and develop their skills in activities such as dressing, getting ready in the morning and chores.



*Building Firm Foundations for Attention and Writing – A school readiness workshop
(1hr)*

{This talk is aimed at parents of children entering Prep the next year and can be adapted to incorporate your specific needs}

As a child enters Prep there are many tasks they are required to do, two of the main activities are to pay attention and to write. Many children enter Prep without the foundational skills to be able to do either of these well. This workshop looks at ways to help our children develop these skills to their potential. Through understanding the theory behind what makes us attend and write well, we present practical activities and ways that parents can engage with their children to prepare them for school.

EDUCATOR/TEACHER PROFESSIONAL DEVELOPMENT

Fine Motor Skills and School Readiness (3/4hr)

This workshop will present recent research about the importance of fine motor skills for school readiness. We will look at what skills are required for school readiness, and what are the foundational skills underlying these performance outcomes. Foundational skills will then be presented with red flags to look for and practical ways of developing these within your program.

EDUCATOR/TEACHER PROFESSIONAL DEVELOPMENT

Inclusion of children with special needs in your program (1hr)

This workshop will look at developing a toolbox of strategies for educators to use with children with special needs (diagnosed or otherwise). We will look at the main reasons children may have difficulties accessing the curriculum and what strategies we can have in our toolbox to effectively include them in our program.

